

Supplemental Table 1 Number of respondents collected in each group by sex

	Group A	Group B	Total
Male	1	1	2
Female	8	7	15
Total	9	8	17

Supplemental Table 2 Number of respondents collected from each group by major

	Group A	Group B	Total
Biology or Biochemistry	3	3	6
Dietetics, Nutrition, and Food Sciences	6	5	11
Total	9	8	17

Supplemental Table 3 Number of respondents collected from each group by comfort using and reading research literature (research experience)

	Group A	Group B	Total
Uncomfortable	0	1	8
Neutral	8	5	13
Comfortable	1	2	3
Total	9	8	17