Short report

The use of slack for medical residency development and recruiting

Simon A. Sarkisian

Department of Emergency Medicine, Carl R. Darnall Army Medical Center, Fort Hood, TX, USA

Andrew Kagel

Department of Emergency Medicine, Carl R. Darnall Army Medical Center, Fort Hood, TX, USA

Cite this article: Sarkisian SA, Kagel A. The use of slack for medical residency development and recruiting. *J Innov Health Inform.* 2018;25(3):194–195.

<http://dx.doi.org/10.14236/jhi.v25i3.1019>

Copyright © 2018 The Author(s). Published by BCS, The Chartered Institute for IT under Creative Commons license <http://creativecommons.org/licenses/by/4.0/>

Author address for correspondence:

Simon A. Sarkisian
Department of Emergency Medicine
Carl R. Darnall Army Medical Center
Fort Hood, TX, USA
Email: simon.sarkisian@gmail.com

Accepted September 2018

ABSTRACT

As technology evolves, medical residency programmes must evolve as well. Slack is a cloud-based team collaborative application that was used by our Emergency Medicine Residency Program to not only streamline communication but also help in recruiting new residents. The majority of medical students auditioning for our programme responded to our use of Slack in a positive manner. We encourage other residency programmes to adopt a similar communication platform to attract the best applicant in a pool of modern learners.

Keywords: slack, residency, emergency medicine, recruiting

INTRODUCTION

I was born into a generation where communication included flicking the wheel of a rotary phone at my grandmother's house to order pizza. Over 20 years later, I can use an app on my phone to order one without having to utter a single word. As the technological arts evolve, medical residency programmes with modern learners can evolve in ways that best utilise these advancements. Residency programmes can enhance its teaching and recruitment through these modern modes utilizing collaborative application such as Slack, Stitch and Mattermost.^{1–3}

Slack is a cloud-based team collaboration application that is commonly used in the business world for communication and better workflow. It allows the upload of documents and images, and it archives all direct messages and group conversations.¹

On August 2016, our emergency medicine residency programme of over 70 residents and staff incorporated Slack as our main form of communication, coordination and information exchange. Unlike e-mail, discussions are organised into 'channels' that can include different members of the same group. Very quickly we found that this application allowed residents to share interesting cases, announcements and numerous documents. The application further allowed private channels, which we used for communication amongst residents only, chief residents and those involved in other committees.

As the medical student recruitment season approached, we looked to Slack to provide us with innovative and creative ways to recruit the best class of residents. A medical student channel allowed residents and staff physicians to communicate directly with all of the rotating students. In partnership with our robust medical student curriculum and social events, Slack enabled us to build relationships with the

students while evaluating their competency through their discussions on the channels.

In the end, a brief survey of every medical student's rotation allowed us to gauge how well this application was functioning as a recruiting tool. Of the 34 total responses collected, we found that the majority of students rated their experience with Slack as a 4 or 5 on a scale of 1–5 (1 being worst and 5 being best). The response rate was 85% (34 of 40), and comments included:

Slack is a nice app, it takes some time to learn, but once you do so it is a nice way to organize different threads.

Slack was interesting in seeing how residents and faculty interacted outside of work.

It seemed expedient for communications.

Yes, shows great relationships between attendings and residents/students. Open venue for conversations from medicine to fun.

SLACK was pretty helpful. I'm glad I had an opportunity to use it and see the discussions and would rather have access than not as a rotating medical student. It's a very cool resource for bringing the whole department together to follow the flow of cases and questions that come through the ED. Only down side was that I'd never used it before so it took some getting used to.

It was great to see the threads on practice variations and interesting cases to hear about residents and attending's experiences.

Despite the numerous advantages of Slack, our programme did encounter some challenges with implementing this system to visiting medical students. The major drawback was that all rotating students shared one account. This created some confusion regarding which medical student was

posting messages. Another student felt intimidated asking or answering questions on Slack since the Programme Director and Assistant Programme Directors could view all messages.

Matching into a residency programme is becoming increasingly competitive. Students look to match into a programme that feels both like an inclusive community and challenges them academically. Building a community involves a sense of identity, trust, participation and reward.⁴ Slack allows medical students to participate fully in conversations involving interesting cases, medical management and practice variation. This past medical student recruiting season, our Emergency Medicine Residency Program successfully integrated a novel communication technology into academic activities with the use of Slack. We encourage other residency programmes to optimise their use of technology in order to attract the best applicant in a pool of modern learners.

Acknowledgements

None.

Conflict of Interest

None.

Funding

None.

Disclaimer

The views expressed are solely those of the authors and do not reflect the official policy or position of the US Army, US Navy, US Air Force, the Department of Defense, or the US Government.

REFERENCES

1. Gofine M and Clark S. Integration of Slack, a cloud-based team collaboration application, into research coordination. *Journal of Innovation in Health Informatics* 2017;24(2):251–3. <https://doi.org/10.14236/jhi.v24i2.936>
2. Magee C. *Stitch is Slack for Healthcare Messaging*. New York, NY: Oath Tech Network. Available from: <https://techcrunch.com/2015/09/21/stitch-is-slack-for-healthcare-messaging>. Accessed 21 September 2015.
3. Tien I. *Why we made Mattermost an open-source Slack alternative*. California: Mattermost. Available from: <https://www.mattermost.org/why-we-made-mattermost-an-open-source-slack-alternative>. Accessed 18 August 2015.
4. Spinks D. *The CMX Community Engagement Cycle: How to Build Thriving Communities*. California: CMX. Available from: <http://cmxhub.com/article/the-cmx-community-engagement-cycle>. Accessed 25 May 2016.